

This Week's Menu

October 6- October 10



North Central Kansas
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Eggs & Cheese, Sausage, Hash Brown, Biscuits & Gravy	Chicken Alfredo, Country Fried Steak, Mashed Potatoes, Green Beans
Tuesday	Egg Casserole, Ham, Hash Browns	Taco Bar
Wednesday	Eggs, Bacon, Hash Browns	Sweet & Sour Chicken, Patty Melt, Rice, French Fries, Corn
Thursday	Egg Casserole, Sausage, Hash Browns	Brisket, Pizza, Potatoes Au Gratin, Country Vegetables
Friday	Eggs, Sausage, Hash Browns, Biscuits & Gravy	Shrimp Basket, Pulled Pork, French Fries, Carrots